



Food & Nutrition Services

In addition to the hot entrees, grab & go deli sandwiches, PB&Js, and salads are available. Two additional specials are offered daily and may include these:
 -Chicken Sandwiches
 -House Made Pizzas
 Bosco Sticks w/Marinara
 Jumbo Pretzel w/Cheese
 Hamburgers
 Corn Dogs
 Chicken Tenders

Check your school's menu board for

Choice of fruit, vegetables, and milk offered with all entree options.

You need to take a FULL serving of fruit and/or vegetables to make your meal complete.

MENU SUBJECT TO CHANGE

Find Allergen and Carbohydrate information at:

[https://www.u-46.org/Page/9190/Menu Questions?](https://www.u-46.org/Page/9190/Menu%20Questions?)

Contact Christine Cliff, U-46.org or (847)888-5000 x5034

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NOVEMBER 2022 U-46 MIDDLE & HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>FROM THE GRILL 31 BEEF BURGER OR HOT DOG OR BLACK BEAN BURGER OR SPICY CHICKEN PATTY HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT</p>	<p>FIESTA DAY 1 LOADED NACHOS WITH CHOICE OF MEAT OR FIESTA SALAD BOWL or CHEESY BOSCO STICKS or HOUSE MADE PIZZA REFRIED BEANS MILK - JUICE- FRUIT</p>	<p>GET RIBBED 2 HONEY BBQ BEEF RIB or JUMBO PRETZEL W/CHEESE OR BEEF AND CHEDDAR BURGER HOUSE MADE PIZZA POTATO WEDGES MILK - JUICE- FRUIT</p>	<p>PASTA MANIA! 3 LASAGNA ROLL UP OR GARLIC FRENCH BREAD PIZZA or SPICY CHICKEN PATTY or HOUSE MADE PIZZA CHEESY BROCCOLI MILK - JUICE- FRUIT</p>	<p>BRING ON THE HEAT 4 SPICY CHICKEN PATTY OR CHEESE QUESADILLA BEEF CHEESEBURGER or HOUSE MADE PIZZA CURLY FRIES MILK - JUICE- FRUIT</p>
<p>THAT'S A WRAP 7 CHEESY CHICKEN TENDER WRAP OR BEAN & CHEESE BURRITO SPICY CHICKEN PATTY HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT</p>		<p>PIZZA! PIZZA! 9 MINI CHICKEN CORNDOGS OR CHEESY BOSCO STICKS OR BBQ PULLED PORK SANDWICH or HOUSE MADE PIZZA WHOLE KERNEL CORN MILK - JUICE- FRUIT</p>	<p>TASTE OF EAST 10 TERIYAKI BBQ CHICKEN WITH BROWN RICE or PIZZA CRUNCHERS or VEGETABLE QUICHE SPICY CHICKEN PATTY or HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT</p>	<p>CHICKEN TOSS 11 POPCORN CHICKEN TOPPED WITH CHOICE OF SAUCE OR GARLIC FRENCH BREAD PIZZA or BEEF CHEESE BURGER or HOUSE MADE PIZZA CURLY FRIES MILK - JUICE- FRUIT</p>
<p>ALL ABOUT CHEESE 14 GARLIC PARM BOSCO'S WITH MARINARA or JUMBO PRETZEL W/CHEESE OR SPICY CHICKEN PATTY ON BUN or HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT</p>	<p>CHICK 'N DIP 15 CHICKEN TENDERS WITH CHOICE OF DIPPING SAUCE OR PIZZA CRUNCHERS OR BEEF BURGER ON A BUN HOUSE MADE PIZZA SEASONED WHOLE KERNEL CORN MILK - JUICE- FRUIT</p>	<p>THANKSGIVING FEAST 16 OVEN ROAST TURKEY BREST OR PORK ROAST OR GARLIC FRENCH BREAD PIZZA OR or HOUSE MADE PIZZA MASHED POTATOES & GRAVY MILK - JUICE- FRUIT</p>	<p>GET CHILI-AXED 17 BEEF CHILI WITH CHIPS OR FRITOS OR MOZZARELLA STICKS with MARINARA or SPICY CHICKEN PATTY or HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT</p>	<p>MAC MY DAY 18 MAC AND CHEESE WITH CHOICE OF TOPPING OR LASAGNA ROLL UP OR BEEF BURGER ON A BUN HOUSE MADE PIZZA CURLY FRIES MILK - JUICE - FRUIT</p>
<p>FROM THE GRILL 21 BEEF HAMBURGER OR HOT DOG ON A BUN OR BLACK BEAN VEGGIE BURGER SPICY CHICKEN PATTY or HOUSE MADE PIZZA BATTERED POTATOES MILK - JUICE- FRUIT</p>	<p>FIESTA DAY 22 LOADED NACHOS WITH CHOICE OF MEAT or FIESTA SALAD BOWL OR BEEF BURGER ON A BUN HOUSE MADE PIZZA POTATO WEDGES MILK - JUICE- FRUIT</p>			
<p>THAT'S A WRAP 28 CHEESY CHICKEN TENDER WRAP OR BEAN & CHEESE BURRITO OR SPICY CHICKEN PATTY HOUSE MADE PIZZA SKINNY FRIES MILK - JUICE- FRUIT</p>	<p>WHICH 'WICH 29 HOT HAM & CHEESE CROISSANT OR TEXAS GRILLED CHEESE OR BEEF BURGER ON A BUN HOUSE MADE PIZZA CORN & REFRIED BEANS MILK - JUICE- FRUIT</p>	<p>PIZZA! PIZZA! 30 CHOICE OF PIZZA OR MINI CHICKEN CORNDOGS OR BBQ PULLED PORK SANDWICH HOUSE MADE PIZZA POTATO WEDGES MILK - JUICE- FRUIT</p>	<p>TASTE OF THE EAST 1 TERIYAKI BBQ CHICKEN WITH BROWN RICE OR PIZZA CRUNCHERS or SPICY CHICKEN PATTY or HOUSE MADE PIZZA STEAMED BROCCOLI MILK - JUICE- FRUIT</p>	<p>CHICKEN TOSS 2 POPCORN CHICKEN TOPPED WITH CHOICE OF SAUCE OR GARLIC FRENCH BREAD PIZZA BEEF BURGER ON A BUN HOUSE MADE PIZZA CURLY FRIES MILK - JUICE- FRUIT</p>